



PROVIDENCE HEIGHTS

# PARTNERING WITH PROVIDENCE HEIGHTS

## CHURCHES



# Vision & Mission

At Providence Heights, our vision is to help change the trajectory of the lives of women and their children so that they can thrive in pursuit of God's purpose.

We do that by helping women deepen their faith, discover their purpose, develop as leaders, and determine a path forward, so they can live life to the fullest. Achieving the goals and hopes we have for ourselves can be an overwhelming challenge without guidance and support. That's why our carefully curated program aims to shine a *clear* and *direct* light on hidden potential in a world that consistently obscures the pathway to God-given calling and giftings.

## Church Partnership Model

Our partnership with the Church is rooted in common tenets of helping women deepen their faith, discover their purpose, and connect faith and work with the ultimate goal of equipping our communities with steadfast leaders to help them flourish.

We strive for Church partnerships that are scalable and founded on a mutual commitment to foster biblical hope, spiritual formation, mental resiliency, and purpose driven planning. Rather than replace church ministry, our program aims to alleviate overburdened ministry teams caring for those in crisis.

Ministry leaders can't customize a holistic plan for each crisis case and those experiencing ongoing struggles with personal faith, relationships, and identity need specificity and ongoing guidance. We have seen this need within churches continue to rise and therefore have scaled our model to become a two-fold resource for churches that can bring healing and hope to members and create more bandwidth for staff.

In fact, as a testament to the effectiveness of our program model, over 90% of our program participants have been referred to Providence Heights by

churches. Our program brings together foundational applied teaching in an accountability cohort to cultivate a community of possibility among like-minded women. The program intentionally and strategically combines group coaching, individual life and business coaching, and discipleship so women can determine their unique purpose.

The Providence Heights program transforms the lives of individuals while also enabling church leaders to focus more on building and optimizing programs that elevate the broader community.◆





## Program Overview

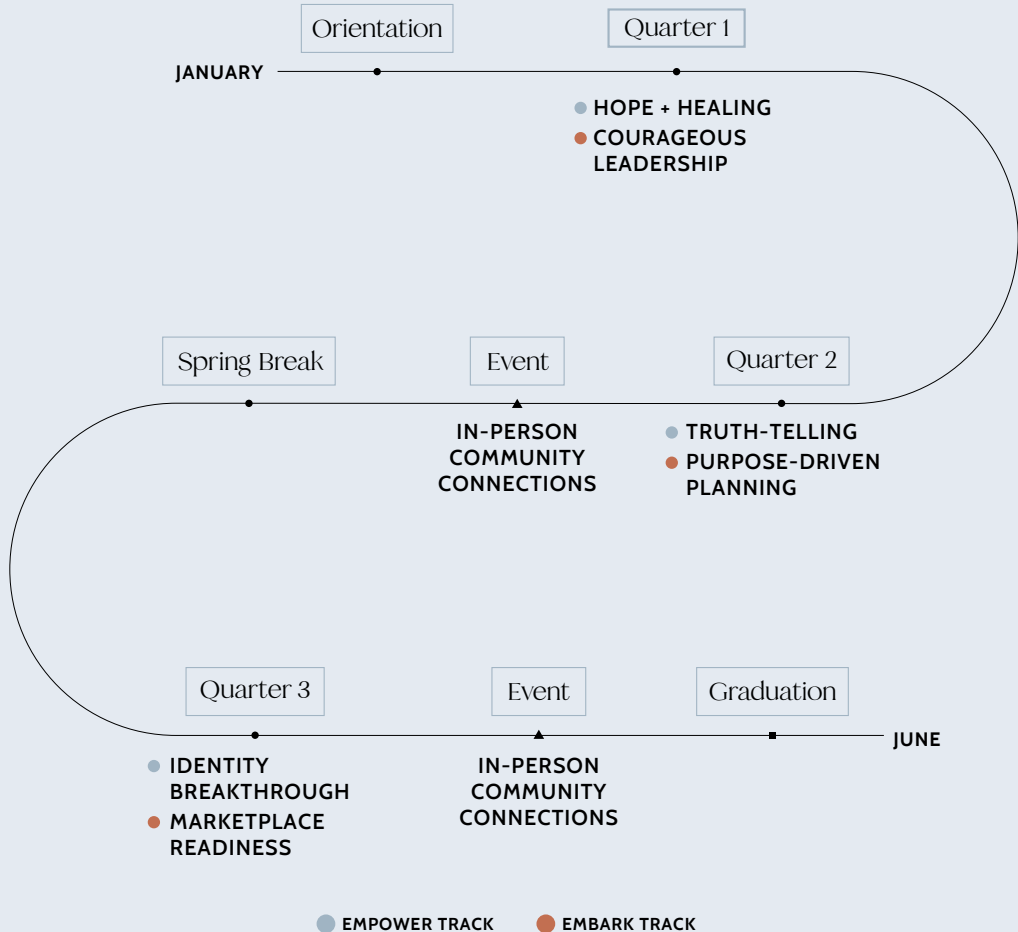
Providence Heights is a six-month personal and professional development program led by a highly qualified team of credentialed life, business, and finance coaches as well as accredited theological, pastoral leaders, and teachers. The strength of our program lies within the talent of these individuals who have committed time out of their normal practice to invest in empowering women at Providence Heights.

Over the six months, participants meet with an accredited life and/or business coach to upend blind spots, de-escalate triggers, and map a path for growth and

freedom. All tracks include deep and rich discussions in a cohort-style model firmly rooted in scripture.

Our curriculum comprises eighteen unique courses developed in-house and in partnership with authors. These courses are built into our one-of-a-kind interactive workbooks for each track. The framework for each class follows our deepen, discover, develop, and determine framework that mirrors the overarching PH program journey. ♦

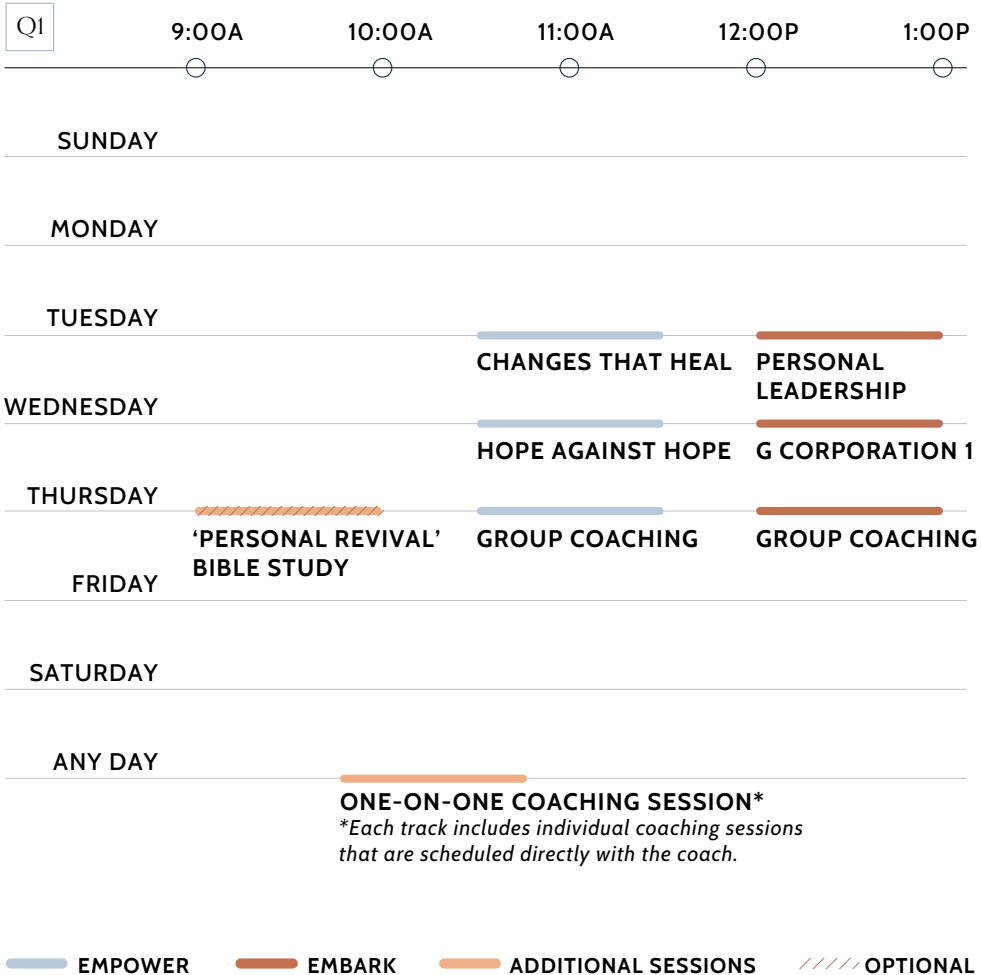
# Journey to *transformation*







# Week-at-a-Glance





## Nice to Meet You



● **ADDY ROGERS**  
Empower Instructor



● **CAMILLE PATERSON**  
Embark Coach



● **CHRISTINE RUSSELL**  
Empower Instructor



● **HANNAH GROVE**  
Empower Coach



● **DR. JEN MCWATERS**  
Empower Leader



● **JULAINE SMITH**  
Embark Leader



● **KATIE MATHEWS**  
Empower Coach



● **MANDY MICHAELS**  
Empower Coach



● ● **MEGAN JOHNSON**  
Embark & Empower  
Leader and Instructor



● **RUBY PEREZ**  
Embark Coach



● **TARYN VARADY**  
Embark Instructor

● **EMPOWER TRACK**

● ● **EMBARK TRACK**

MORE ABOUT

# Empower & Embark

## Program Track & Series

We understand that time commitment and financial cost are two of the biggest hurdles for participants to invest in their personal and professional

growth. That's why we have developed three different tracks to choose from that consider time and cost.♦



# Empower & Embark Track

## PERSONAL AND PROFESSIONAL DEVELOPMENT

Enrollment in this program blends our personal and professional tracks into a six-month immersion course that's highly concentrated on developing your business goals in light of your personal needs.◆

6

CLASSES  
PER WEEK

12

COACHING  
SESSIONS

### LIFE + BUSINESS COACHING

- *Group Coaching*
- *Individual Business Coaching*
- *Individual Life Coaching*

### BEST BUSINESS PRACTICES

- *Business Principles + Planning*
- *Entrepreneurship*
- *Financial Stewardship*
- *Leadership Development*

### SELF-ASSESSMENT + SUPPORT

- *Goal Setting*
- *Personal Identity Development*
- *Resiliency Training*

### SPIRITUAL ENRICHMENT

- *Discipleship*
- *Renewal and Healing*
- *Spiritual Formation*

### NETWORKING OPPORTUNITIES

- *Career Acceleration*
- *Social + Business Integration Events*

● EMPOWER TRACK

● EMBARK TRACK



Q1

## Hope & Healing

### **Changes that Heal**

| *Building lasting and loving relationships*

### **Hope Against Hope**

| *Replacing false hope with biblical hope*

### **Empower Group Coaching**

| *Awakening your goals and developing your personal mission*

Q2

## Truth-Telling

### **Summit Initiative**

| *Discover the power of authenticity, community, and story*

### **Healed by Grace**

| *Exchanging lies for biblical truths*

### **Empower Group Coaching**

| *Awakening your mind*

Q3

## Identity Breakthrough

### **Spiritual Formation**

| *Integrating spiritual disciplines into everyday life*

### **Empower Capstone**

| *Authoring your personal story for lifelong empowerment*

### **Empower Group Coaching**

| *Awakening your goals*

## Courageous Leadership

### **Personal Leadership**

| *The power of empathy and vulnerability*

### **G Corporation 1**

| *Purpose, Passion, Profits*

### **Embark Group Coaching**

| *Unearthing the vision to build with God*

## Purpose-Driven Planning

### **Professional Leadership**

| *WiLD Leaders: whole and intentional leadership development*

### **G Corporation 2**

| *Generous Corporation: modeling Jesus in the marketplace*

### **Embark Group Coaching**

| *Unlocking your creativity*

## Marketplace Readiness

### **Biblical Leadership**

| *The leadership of Jesus & Nehemiah*

### **G Corporation 3**

| *Business Finance*

### **Embark Group Coaching**

| *Market-ready summary of your story, skills, and unique vocational offerings*

# Empower Track

## PERSONAL DEVELOPMENT

Ideal for those who keep running into the same roadblocks or barriers hindering the goals and dreams they deeply desire. With a concentrated focus on personal development, participants are led by professional coaches and Christian leaders to identify trauma, heal from past pain, and embrace a new future. ♦



### LIFE + BUSINESS COACHING

*Group Coaching*  
*Individual Life Coaching*

### SELF-ASSESSMENT + SUPPORT

*Goal Setting*  
*Personal Identity Development*  
*Resiliency Training*

### SPIRITUAL ENRICHMENT

*Discipleship*  
*Renewal and Healing*  
*Spiritual Formation*

### NETWORKING OPPORTUNITIES

*Career Acceleration*  
*Social + Business Integration*  
*Events*



### Quarter 1 | Hope & Healing

**Changes that Heal** | *Building lasting and loving relationships*

**Hope Against Hope** | *Replacing false hope with biblical hope*

**Empower Group Coaching** | *Awakening your goals and developing your personal mission*

### Quarter 2 | Truth-Telling

**Summit Initiative** | *Discover the power of authenticity, community, and story*

**Healed by Grace** | *Exchanging lies for biblical truths*

**Empower Group Coaching** | *Awakening your mind*

### Quarter 3 | Identity Breakthrough

**Spiritual Formation** | *Integrating spiritual disciplines into everyday life*

**Empower Capstone** | *Authoring your personal story for lifelong empowerment*

**Empower Group Coaching** | *Awakening your goals*

# Embark Track

## PROFESSIONAL DEVELOPMENT

A game changer for those looking to make waves and shatter goals in their professional endeavors. With an organized and principled approach to business development, this track will interplay and refine your financial objectives, leadership gifting, and business integrity within the foundation of an entrepreneurial mindset.♦

3

CLASSES  
PER WEEK

6

COACHING  
SESSIONS

### LIFE + BUSINESS COACHING

*Group Coaching*  
*Individual Business Coaching*

### BEST BUSINESS PRACTICES

*Business Principles + Planning*  
*Entrepreneurship*  
*Financial Stewardship*  
*Leadership Development*

### SELF-ASSESSMENT + SUPPORT

*Goal Setting*  
*Personal Identity Development*  
*Resiliency Training*

### SPIRITUAL ENRICHMENT

*Discipleship*  
*Renewal and Healing*  
*Spiritual Formation*

### NETWORKING OPPORTUNITIES

*Career Acceleration*  
*Social + Business Integration Events*



### Quarter 1 | Courageous Leadership

**Personal Leadership** | *The power of empathy and vulnerability*

**G Corporation 1** | *Purpose, Passion, Profits*

**Embark Group Coaching** | *Unearthing the vision to build with God*

### Quarter 2 | Purpose-Driven Planning

**Professional Leadership** | *WiLD Leaders: whole and intentional leadership development*

**G Corporation 2** | *Generous Corporation: modeling Jesus in the marketplace*

**Embark Group Coaching** | *Unlocking your creativity*

### Quarter 3 | Marketplace Readiness

**Biblical Leadership** | *The leadership of Jesus & Nehemiah*

**G Corporation 3** | *Business Finance*

**Embark Group Coaching** | *Market-ready summary of your story, skills, and unique vocational offerings*

# Embark Series

The Embark Series is broken down into three class series and dives deeply into topics of faith and work. These business and purpose focused courses are perfect for aspiring entrepreneurs, leaders, and volunteers who have busy schedules and can only take one or two series at a time. ♦

|                           |   |
|---------------------------|---|
| <b>1</b>                  | <b>2</b>                                    |
| <b>CLASS<br/>PER WEEK</b> | <b>COACHING<br/>SESSIONS<br/>PER SERIES</b> |

## **LIFE + BUSINESS COACHING**

*Group Coaching*  
*Individual Business Coaching*

## **SELF-ASSESSMENT + SUPPORT**

*Goal Setting*  
*Personal Identity Development*  
*Resiliency Training*

## **SPIRITUAL ENRICHMENT**

*Discipleship*  
*Renewal and Healing*  
*Spiritual Formation*

## **NETWORKING OPPORTUNITIES**

*Career Acceleration*  
*Social + Business Integration*  
*Events*



## Leadership Development Series

**Personal Leadership** | *The power of empathy and vulnerability*

**Professional Leadership** | *Becoming an intentional leader by leveraging our unique giftings*

**Biblical Leadership** | *Tracing themes through the stories of biblical leaders*

## Purpose and Creativity Series

**Garden City** | *Unearthing the vision to build with God*

**Creativity Unlocked** | *Transforming your daily life by reactivating creativity*

**Resume Stories** | *Creating a market-ready summary of your story, skills, and unique vocational offerings*

## Marketplace Readiness Series

**Generous Corporation 1** | *Faith-driven entrepreneurship*

**Generous Corporation 2** | *Modeling Jesus in the marketplace*

**Generous Corporation 3** | *Building a solid foundation for your venture*

## Time & Cost

|                            | COMBINED     | EMPOWER      | EMBARK       | SERIES      |
|----------------------------|--------------|--------------|--------------|-------------|
| <b>COST OF PROGRAM</b>     | \$3,000      | \$1,500      | \$1,500      | \$500       |
| <b>MATERIAL FEE</b>        | \$300        | \$150        | \$150        | \$50        |
| <b>LENGTH OF SESSION</b>   | 6 months     | 6 months     | 6 months     | 6 months    |
| <b>WEEKLY # OF CLASSES</b> | 6/week       | 3/week       | 3/week       | 1/week      |
| <b>WEEKLY HOMEWORK</b>     | 4-6 hrs/week | 2-3 hrs/week | 2-3 hrs/week | 1 hr/week   |
| <b>INDIVIDUAL COACHING</b> | 12x/session  | 6x/session   | 6x/session   | 2x/session  |
| <b>GROUP COACHING</b>      | 24x/session  | 12x/session  | 12x/session  | 12x/session |

Single Track: 72 hours of classroom instruction total  
 Combined Track: 144 hours of classroom instruction total  
 Series: 24 hours of classroom instruction total



## Participant Scholarships

Research shows substantially higher success rates among women that actively contribute toward their own growth and development, something Providence Heights has also found to be true over the years.

However, we are deeply committed to ensuring every woman longing to embark on a journey of transformation has access to our program. With the help of generous supporters, we offer scholarships to those in need of financial assistance. ♦



## Reinvesting in Partners

We are also passionate about contributing back to our partner communities. Therefore, ***we tithe 10% of the overall Program Fee back to the home church of participants who complete our program through a church referral.***

We are a Christian nonprofit and make no financial benefit from program fees. All program fees go to support our teaching and coaching staff, materials, and learning platform. The rest of our program and operational expenses are supported through the generous donations of donors and partners who also believe in the *urgency for women to be empowered, for families to*

*be made whole, for relationships to flourish, to stop hopelessness and the crisis cycle dead in its tracks and more importantly, for God to be at the center of it all.♦*



We tithe 10% of the  
overall Program Fee  
back to the home  
church.



## Next Steps

1

*Connect with our team*

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Get in touch with us to discuss creative ideas around integrating Providence Heights into your church community.

Send an email to: [info@providenceheights.org](mailto:info@providenceheights.org)

Call us at: 425-436-0854

## Next Steps

2

### *Become an official Partner*

We tithe back 10% of the program fees paid by any participant from your church.

We list you as an official partner on our website and other partner communication.

We invite you to future events to connect with other regional leaders.

You help us share the program with your church community.

## Next Steps

3

### *Share the Participant Workbook*

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#### MINISTRY TEAM

See if the program can help those they are serving.

#### CARE MEMBERS

Share with individuals you are currently counseling through a difficult life situation about the Empower Track and encourage them to apply to the program.

#### LEADERS AND VOLUNTEERS

Share with your leaders and volunteers about the Professional Development Embark Track or Embark Series and encourage them to [apply to the program](#).





## Next Steps

4

### *Experience Providence Heights*

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Nominate a leader from your church to take one of our Embark Track series to gain a better understanding of the PH program. Our series (p. 22) is a paired down and hyper-concentrated version of our Embark Track and is ideal for those who have busy schedules and can only take one or two classes at a time.

Share the link to Apply  
<https://providenceheights.org/apply>

There is urgency  
for women to be *empowered*,  
for families to be made whole,  
for relationships to flourish,  
to stop hopelessness dead in its tracks  
and for *God* to be at the center of it all.

PA'LEE SHOWALTER, PRESIDENT

See how Providence Heights program is  
*changing* the lives of women like Ji Hye.





[www.providenceheights.org](http://www.providenceheights.org)