



PROVIDENCE HEIGHTS VIRTUAL CURRICULUM

At Providence Heights our vision is to help change the trajectory of the lives of women and children so they can thrive in pursuit of God's purpose. We do that by helping women deepen their faith, discover their purpose, develop as leaders, and determine a path that brings them professional joy. Our curriculum focuses on personal development, career acceleration, and entrepreneurship and is taught by a team of credentialed life, career, and finance coaches that are aligned with our mission.

THE 4 STEPS OF THE Providence Heights Journey



Personal Track

Session	Day	Time	Class	Overview
Q1	Tues	45 minutes	Group Coaching	Setting and advancing S.M.A.R.T. goals.
Q1	Tues	45 minutes	Significant Women	Translating personal identity into practical next steps for a fulfilling future.
Q1	Tues	45 minutes	Changes that Heal	Building lasting and loving relationships.
Q2	Tues	45 minutes	Group Coaching	Setting and advancing S.M.A.R.T. goals.
Q2	Tues	45 minutes	Switch on Your Brain	Correcting thought patterns that disrupt health and happiness.
Q2	Tues	45 minutes	Wounded & Healed	Moving into resilient based mindsets.
Q3	Tues	45 minutes	Group Coaching	Setting and advancing S.M.A.R.T. goals.
Q3	Tues	45 minutes	Journey to Wholeness	Understanding the influences of trauma to begin the work of restoration.
Q3	Tues	45 minutes	Capstone Experience	Wrapping up your journey and learning experience with Providence Heights.

Professional Track

Session	Day	Time	Class	Overview
Q1	Thurs	45 minutes	Group Coaching	Setting and advancing S.M.A.R.T. goals.
Q1	Thurs	45 minutes	Financial/Career	Treasure, Time, Talent: Intentional Stewardship.
Q1	Thurs	45 minutes	Personal Leadership	Become a courageous leader through the power of empathy & vulnerability.
Q2	Thurs	45 minutes	Group Coaching	Setting and advancing S.M.A.R.T. goals.
Q2	Thurs	45 minutes	Intentional Business	Actively starting a business and writing a business plan.
Q2	Thurs	45 minutes	Professional Leadership	Boldly stepping into leadership within a professional atmosphere.
Q3	Tues	45 minutes	Group Coaching	Setting and advancing S.M.A.R.T. goals.
Q3	Tues	45 minutes	Faith Driven Entrepreneur	Modeling Jesus in the marketplace.
Q3	Tues	45 minutes	Biblical Leadership	The Leadership of Jesus and Nehemiah.

Both Tracks

- Bimonthly one-on-one coaching sessions (with a Life or Business Coach depending on chosen track).
- Monthly Chapel gatherings with a focus on Spiritual Disciplines.
- Monthly Community Social Connections.
- Thursday Personal Revival Bible Study with Jenn Summa (optional).
- Monthly Saturday Sessions (9 am – 3 pm):
 - [Summit Initiative](#)
 - [Creativity Unlocked](#)
 - Resume Stories

Learn more about our [program](#).

Start the journey of discovering your purpose by applying on our website.

APPLY

For questions about the Curriculum, contact Mandy:

mandy@providenceheights.org



For questions about the Admissions process contact Kristy:

kristystevens@providenceheights.org



*Curriculum is subject to change.